



AHKE Adventure Travel

Email: info@bhutaneventure.com
Website: www.bhutaneventure.com

-Adventure - Culture - Eco Tours - Buddhism -

“SACRED TREK TO MT. JOMOLHARI” (15 days)

The Kingdom of Bhutan, nestling in the heart of the great Himalaya, only opened its gates to foreigners in 1974. It remains the society, where age old culture and traditional life continues as it had been for centuries. With about 69% of population still living in rural Bhutan, farming is still considered an occupation for the majority of Bhutanese. Old aged barter system and close bond within the family often with more then 50 members are common sight.

During this 15 days trip, you will be hosted to unlimited and unique experiences in all places that we take you to. The last Shangri-La” will unfold in front of your eyes as you gradually trek and travel from mountains to valleys of western Bhutan. You will get to understand Western part of this Himalayan Kingdom well. Trek start from Druk Gyal Dzong in Paro. On your way, visit beautiful valley and mountain villages. Most part of the treks are on ancient trade trail used by Bhutanese when border with Tibet as open. Further up in Mountainous region, you will come across many Yak herders, and some protected wild animals. You will witness how govt. policy on restrictive tourism and strong environmental laws has helped protect our clean beautiful pristine environment, and mountain ecosystem. Enchanting sceneries, unique architecture of Bhutanese homes, vibrant culture and friendly Bhutanese are everywhere through out your journey.





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DETAIL ITINERARY

DAY 01 Arrive Paro

Arrive at Paro Airport (7,000ft) where our representative will receive you and drive to the hotel. Stroll around Paro town in evening.

DAY 02 Paro Sightseeing

A day of acclimatization. Visit Drugyel Dzong, the ruin fortress that once defended the valley from Tibetan invasions in the 17th century. On a clear day, one can get a good view of Mount Chhomolhari, Mountain of Goddess (24,000 ft). Visit a typical Bhutanese farmhouse on the way back to town. Visit Ta Dzong, the watchtower that now houses the National Museum and see a traditional wooden bridge.

DAY 03 Excursion to Taktsang

Spend a full day hike to Taktshang, the Tiger's Nest. This magical monastery clings to a vertical granite cliff 3,000 ft above the valley floor. The monastery unfortunately got burnt in 1998 and has recently been reconstructed.

DAY 04 Drukgyel Dzong - Shana

Drive to Drugyel Dzong and where the motor road ends the trek begins. The trail follows the river uphill through a narrow agricultural valley. Camp is just beyond an army post. Altitude 9,500 ft / 2,800 m. Distance - 17 kms. (approx. 5 - 6 hours).

DAY 05 Shana – Soi Thangthakha

The path leads uphill through the river valley and along the river drainage. The trail passes through conifer and rhododendron forests. On the way, there is a great view of Mount Chhomolhari. Camp will be set up in a meadow with stone shelter. Altitude - 12,664 ft / 3,860 m. Distance - 19 kms. (approx. 6 - 7 hours).

DAY 06 Soi Thangthakha - Jagothang

Follow the river and pass a small army post where the valley begins to widen again. The view of the high ridges and snow capped peaks can be seen on all sides. At this altitude, one will also be able to see the yaks and yak herders. Camp will be set up beneath a ruined fortress at the base of Mount Chhomolhari. Altitude - 13,255 ft / 4,040m. Distance - 19 kms. (approx. 5 - 6 hours.)

DAY 07 Jagothang - Halt

One can trek up to Tsophu for fishing or hike in all directions – toward Mt Chhomolhari, adjoining peaks on west, and Jichu Drake to the north. These peaks are some of the world highest unclimbed peaks.

DAY 08 Jagothang - Lingshi

The trail climbs gradually to Nyilila Pass (Alt. 15354 ft / 4,680 m). Wide yak pastures can be seen all along the trail. If the weather is clear, one can get a great view of the Lingshi Dzong as one descends



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into the Lingshi basin. Tserim Kang and its descending glaciers can be seen at the north end of the valley. Camp is in a stone shelter. Altitude - 12,844 ft / 3,915 m. Distance - 19 kms. (approx. 5 - 6 hours.)

DAY 09 Lingshi - HALT

During the day halt at Lingshi one can do a day excursion to Tsekha (Lahe) i.e. base camp of Jichu Drake. During the excursion, hundreds of blue sheep and musk deer may be seen on the way. Altitude - 14,764 ft / 4,500 m. Distance - 15 kms. (approx. 4 - 5 hours.)

DAY 10 Lingshi - Shodu

The trail ascends up to the Yalila Pass (Alt 15,814 ft / 4,820 m). From the pass, Mount Chhomolhari, Tserim Gang and Masa Gang can be seen on a clear day. Altitude - 12,516 ft / 3,815 m. Trek - approx. 6 - 7 hours.

DAY 11 Shodu - Barshong

This trail goes along the Thim-Chhu and through forests filled with rhododendrons and water falls. The trail ascend up to the ruins of Barshong Dzong. The camp, which is a stone shelter, is just below the ruined fortress. Altitude 12,090 ft / 3,685 m. Distance - 13 kms. (approx. 3 - 4 hours.)

DAY 12 Barshong – Doelom Kencho

The trail follows the Thim-Chhu and through forest of thicker rhododendrons and into pasture land. Camp will be set up at a meadow. Altitude 11,247 ft / 3,428 m. Distance - 11 kms. (approx. 3 - 4 hours.)

DAY 13 Dolem Kencho – (Tango Cheri) Thimphu

This is the last day of the trek and the path goes over a small pass and through forests. Wild animals may be seen along the way. Your transportation will be waiting for you at Dodena and will take you to Thimphu, the capital of Bhutan. Overnight at hotel in Thimphu. Distance - 14 kms. (approx. 4 - 5 hours.)

DAY 14 Thimphu

Sightseeing includes visit to the National Library, Memorial Chorten, Zelukha Nunnery and the Handicraft Emporium. Stroll through the Thimphu town.

DAY 15 Thimphu - Paro – Departure

Early morning drives to Paro Airport. AHKE Escort will assist you with all the formalities during the departure at the airport.