



AHKE Adventure Travel

Email: info@bhutanecoventure.com
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-Adventure - Culture - Eco Tours - Buddhism -

“SEARCH FOR SHANGRILA”

Bhutan; often known as “Last Shangri-La” to the West; it is truly a country, where material contentment is not put above the people’s happiness. It is the country, where Government initiative is to measure impact of development activities in terms of achievement of Happiness in people’s day to day life. Here more than 99% people are happy as per the RGOB 2005 survey.

Search of Shangri- La tour is termed “Tour to Bhutanese Heart and Homes”. Through the journey, you will have opportunity to see Bhutanese in their village homes, working at their farms and on day to day basis. Ofcourse things here have not changed for centuries. You will travel through series of wonderful cultural sites amongst bountiful natures’ beauty.





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-TRIP NOTES-

Trip Name: “The Best of Himalayan Kingdom”
Best Season: Year Round.
Duration: 15 Days/14 nights in Bhutan
Grade: Cultural Adventure
District to visit: Paro, Thimphu, Punakha, W/due, Gangtey, Trongsa
Bumthang, Mongar, & Trashigang.
Trip Leader: AHKE Adventure’s Senior *Guide*

DETAIL ITINERARY:

DAY 01. Arrive Bhutan

Arrive Bhutan at Paro Airport. You will be received by our representative with traditional welcome greeting. Drive to restaurant for cup of tea, or lunch depending on time of arrival. Sightseeing around the Paro valley includes visit to Ta Dzong, which houses the National Museum of Bhutan, the ruins of Drugyel Dzong and the 7th century Kichu Lhakhang, one of the oldest monasteries in Bhutan, and 17th century Paro Rinpung Dzong. Time permitting, you can under take this sightseeing today or tomorrow in the morning. Check in to the hotel.

DAY 02. Paro - Thimphu

Conduct left over sightseeing from yesterday. Have lunch in Paro, and drive to the capital city of Thimphu. It is small city with about 90,000 inhabitants (but rural-urban migration has rapidly increase it’s size by about 7% in recent years). This city; rather a town is known for being only capital of country without modern traffic light.

Sightseeing places in Thimphu includes; Memorial Chorten built in 1970s in memory of late King, Trashichodzong (houses King’s office), private zangdopelri monastery near permanent weekend market, archery match, National Library, School of 13 arts, previously known as Painting school, National animal; Takin zoo, black smith and traditional paper factory.

Evening in capital can be taken it for leisure. You can stroll around the town and peek into groceries and food stores. No super market!! Your escort can accompany you while you walk around the city. Overnight in Hotel.

DAY 03. Thimphu Sightseeing

Undertake remaining sightseeing in and around Thimphu.

DAY 04. Thimpu – Punakha

After breakfast, drive to Punakha via Dochula Pass (10,500 ft.). There are plenty of Prayer



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flags and small chortens. Fluttering flags are believed to carry prayers of peace with wind blowing down to valley inhabitants and accumulate merits for those host it. On clear day, we can see spectacular views of the Eastern Himalayan Mountains ranges. Many above 23,000 ft.. Drive further down, and under take, short hike to Chhi-Med Lhakhang/fertility temple in the Picturesque Lobesa valley. This temple was founded by lama Drukpa Kunley back in late 1400. He is known as "Divine Madman" or Sex Lama. He is known to preach Buddhism and subdue evils spirits through use of erotic techniques or through use of obscene remarks.

Get blessed with wooden penis to induce fertility, or protect fertility in you. Time permitting visit Punakha Dzong after this hike. Drive to check in at Hotel & relax rest of the day. You can enjoy wonderful views from your room over looking villages on far off valley. Over night in a Hotel

DAY 05. Punakha – Jakar (Bumthang)

Early morning drive to Bumthang , visit the Trongsa Dzong and see also the Ta Dzong. Drive through Trongsa town to the beautiful valley of Bumthang. Enroute visit the Chume Valley, where local women weave the famous "Bumthang Yathra", pure woolen textile woven in the traditional method with beautiful colored patterns.

DAY 06. Bumthang

Full day sightseeing in Bumthang valley. Visit the Wangdichholing Palace, Swiss Farm House along with some monasteries.

DAY 07. Bumthang - Mongar

After breakfast, drive to Ura village and visit Ura Lhakhang. Drive to Mongar through Thrumshingla Pass (the highest pass in Bhutan). Overnight in Mongar.

DAY 08. Mongar - Trashigang

Proceed to Trashigang. Dinner and overnight at hotel in Trashigang.

DAY 09: Trashigang Day Trip to Khaling (55 km one way)

Day trip with picnic lunch to Khaling Weaving Center to see the entire process of spinning, dyeing and weaving. This center is managed by the National Women's Association of Bhutan. Drive back to Trashigang.

DAY 10 Trashinang - Mongar

This is the beginning of the return journey. After sightseeing Trashigang valley, drive to Mongar.

DAY 11 Mongar - Bumthang

Drive to Bumthang.



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DAY 12 Bumthang - Punakha

Drive to Punakha via Trongsa. Picnic lunch will be served enroute.

DAY 13 Punakha - Paro

In the morning, visit the premises of Punakha Dzong and then drive to Paro. Evening at leisure.

DAY 14 Paro Excursion to Taktshang

Drive to Satsam Chorten and then hike to viewpoint of Taktshang, the Tiger's Nest. This monastery clings to a vertical granite cliff 3,000 ft above the valley floor. The monastery unfortunately got burnt in 1998 and has recently been reconstructed.

DAY 15 Paro - Departure

Early morning drive to the Paro Airport for your departure.